

Flow Facilitator Training

Key Outcomes & Strategies



Join us in Austin, TX for a 3.5-day training that will enhance your skill in facilitating extraordinary organizational culture through our transformational framework. Here is what you can expect to learn at the Flow Facilitator Training:

Area of Focus: The Cultural Container

Research ranging from psychology and organizational development to epigenetics and cellular biology show that context strongly influences behavior. This training will show facilitators how to foster a cultural container that inspires belonging, flow, and performance. You will learn how to build trust, address conflict, and work through resistances so that differences and disagreements can bring your team together, rather than tear you apart.

Participants will Develop:

- Knowledge of foundational, emerging, and transformational elements of a Cultural Container
- Skills and practice in key strategies to strengthen the Cultural Container
- An approach to conflict that makes teams stronger
- An understanding of how the Cultural Container relates to belonging and flow

Key Container Strategies:

Co-Creating Commitments | Designing for Challenge & Inclusion | Opening and Closing Rituals | Weather Reports | Setting Clear Agendas & Outcomes | Burying Your Weapons | Culture Pulses

Area of Focus: Flow

Flow makes people more productive, creative, and satisfied. As a Flow Facilitator, you'll work toward mastering the art of flow for yourself and on cultivating flow within your team. You will learn the physics and neuroscience of flow and gain skills to help members of your team bring their conscious and subconscious minds into harmony. We train facilitators to understand which key energies are blocked, missing, or out of balance within their teams and how to embody and bring in what is needed to unleash potential.

Participants will Develop:

- Understanding of Foundational, Emerging, and Transformational elements of Flow
- An action plan for building the Flow Cycle into your workday and your team meetings
- Increased awareness and responsibility for co-creating harmony and flow within your team
- Ability to guide groups into productive and creative flow states for collaboration

Key Flow Strategies:

The Stages of the Flow Cycle | "Yes, And" Brainstorms | Conscious Mutual Influence | Attuning to the Field | Harmonizing Yin/Yang Energies | The Council of Energies

Area of Focus: Belonging

Effectively facilitating belonging dramatically enhances trust, engagement and communication within organizations. High belonging has been linked to 56% increase in job performance, a 75% reduction in sick days, and a 50% drop in turnover risk (Better Up, [*The Value of Belonging at Work*](#)). At this training, leaders will learn how to co-create a culture where people feel connected, authentic, and inspired.

Participants Will Develop:

- Understanding of Foundational, Emerging, and Transformational elements of Belonging
- Meta-skills in empathy and vulnerability within themselves and their team
- Storytelling facilitation that brings people together
- Awareness and responsibility for their intention and impact
- Ability to foster inclusion within diverse teams

Key Belonging Strategies:

Facilitator Modeling | Storytelling | Inclusive Language | Appreciation Circles | Embodied inclusion | Connection Rounds | Solicit Input Effectively | Two-Word Check-Ins

The Flow Facilitator Training is November 4-7, in Austin, TX. Join us to learn how to cultivate an extraordinary culture and integrate key skills and strategies into your life, relationships, and team.

REGISTER NOW